

Mar-Apr 2026



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# THE FORTISIAN

HAPPENINGS IN THE WORLD OF FORTIS

## WORLD KIDNEY DAY



Fortis Hospital, Manesar



Fortis Escorts, Okhla, New Delhi



Fortis Hospital, Gurugram



Fortis Hospital, Noida



Fortis Hospital, Greater Noida



Fortis Hospital, Mohali



## MD & CEO's Message

**Dear Fortis Family,**

It gives me great pleasure to connect with you through our in-house e-magazine, **The Fortisian**.

Recently, we celebrated International Nurses Day across the Fortis network. I would like to once again express my heartfelt appreciation to our nursing fraternity for their compassion, dedication, and unwavering commitment to patient care. Our nurses are at the heart of the healing journey, and their contribution continues to make a meaningful difference in the lives of our patients and their families.

As you may be aware, we recently announced our financial results for the previous financial year. These outstanding achievements reflect the collective efforts, resilience, and commitment of our doctors, nurses, clinicians, and support teams across the organisation. On behalf of the leadership team, I extend my sincere gratitude to each one of you for your invaluable contribution. It is your dedication to clinical excellence, patient-centric care, and operational excellence that continues to strengthen the trust placed in Fortis by millions of patients and families.

As we look ahead, we remain focused on strengthening our clinical capabilities, expanding our network, investing in advanced technologies, and further enhancing the patient experience. Equally important, we remain committed to nurturing a strong, engaged, and purpose-driven workforce that is aligned with our vision of delivering world-class healthcare with compassion and integrity.

With the summer season upon us, I encourage all of you to take the necessary precautions to stay safe, hydrated, and healthy.

Before I sign off, I would once again like to thank each member of the Fortis family for your continued dedication, professionalism, and tireless service. Your efforts touch countless lives every day and remain the cornerstone of Fortis Healthcare's success.

Wishing you and your families good health and happiness.

**Best,**

**Dr Ashutosh Raghuvanshi**

**MD & CEO**

**Fortis Healthcare Limited**

## New Beginnings & Launches

### Bhoomi Poojan Ceremony Performed for New Tower at Fortis Shalimar Bagh



Fortis Hospital, Shalimar Bagh, organised the Bhoomi Poojan ceremony for its upcoming tower on March 30, 2026, signifying the beginning of an important new phase in its growth journey. The occasion was graced by Dr Ashutosh Raghuvanshi, MD & CEO; Mr Anil Vinayak, COO; Mr Vivek Goel, CFO; Dr Bishnu Panigrahi, Group Head - MSOG; Dr Ritu Garg, Chief Growth and Innovation Officer; Mr Mahipal Bhanot, Business Head and Operation Lead – NCR Projects; and Mr Naveen Sharma, Facility Director, along with the senior leadership team. This expansion reflects a forward-looking vision to enhance capacity, strengthen clinical excellence, and integrate advanced infrastructure, further reinforcing our commitment to delivering high-quality, patient-centric care.

### S.L. Raheja Hospital Mumbai announces inauguration of advanced Histopathology Dept. & Orthopaedic Robotic System; marks 45yrs of clinical excellence



As S.L. Raheja Hospital – A Fortis Associate marks its 45th year of delivering trusted healthcare, it has strengthened its commitment to clinical excellence with the launch of a state-of-the-art Histopathology Department and a robotic-assisted orthopaedic surgery system. These were unveiled on April 27, 2026, at a special event in the presence of trustees Mrs Suman Raheja and Mrs Jyoti Raheja, alongside Dr Kunal Punamiya, CEO - S.L. Raheja Hospital and Dr S. Narayani, Business Head-Fortis Hospitals Maharashtra. Senior clinicians, administrative leaders and nursing teams came together to participate in the inaugural celebrations.

The Histopathology Department, originally established by late Dr Anita Borges, has been relaunched with enhanced capabilities, blending legacy with advanced diagnostics. Recognised as a Centre of Excellence, it has analysed over 2,20,000 samples since 2003 and receives cases from across India and neighbouring countries, covering a wide spectrum of complex cancer diagnoses. The upgraded facility features advanced quality control and diagnostic protocols to enable accurate and timely results. The team is led by Dr Pravin Mahajan, HOD – Histopathology, along with Dr Maria Alina DeSouza, Consultant – Histopathologist, and Dr Vivek Parameshwar, Consultant – Histopathologist.

The hospital also introduced an orthopaedic robotic system designed to assist surgeons with greater precision, improved implant positioning, reduced trauma, and faster recovery in procedures such as Unilateral Knee Replacement and Total Hip Replacement. The Orthopaedics team is led by Dr Lalit Panchal, Senior Consultant – Orthopaedic Surgery, Dr Vaibhav Kasodekar, Senior Consultant – Orthopaedic Surgeon, and Dr Anoop Dhamangaonkar, Consultant – Joint Replacement and Orthopaedic Surgeon.

## Fortis Bengaluru Reinforces Commitment to Patient-Centric Care with Launch of Four Specialised Clinics



Fortis hospitals in Bengaluru announced the launch of four specialised clinics on March 11, 2026. The newly introduced services Man Clinic, Incontinence Clinic, Restorative Gynaecology Clinic and Mobile Lithotripsy Services are designed to address sensitive and often under-discussed health concerns that frequently remain untreated due to social stigma or limited awareness. The clinics were inaugurated by Dr Sharan Prakash Patil, Hon'ble Minister for Medical Education, Government of Karnataka, along with Shri Rizwan Arshad, Member of the Karnataka Legislative Assembly; Mr Feroze Abdullah, Owner, Founder & CEO, Feroze's Estate and Properties; Mr Abdul Wajid, President, District Congress Committee Bengaluru North & Former Opposition Party Leader, BBMP; Ms Renu Gopalakrishnan, Former National Powerlifting Champion & Eminent Lawyer; and the senior leadership team of Fortis Healthcare, including Dr Bishnu Panigrahi, Group Head - Medical Strategy & Operations; Dr Ritu Garg, Chief Growth & Innovation Officer; Dr Mohan Keshavamurthy, Principal Director - Renal Sciences, Fortis Hospitals, Bengaluru; and Dr Ananth Rao, Business Head - Bengaluru.

As part of the Mobile Lithotripsy Services launch, a Mobile Lithotripsy Van was introduced, enhancing accessibility by bringing advanced kidney stone treatment closer to patients. Additionally, a urology book was unveiled, showcasing specialist expertise, advanced robotic procedures, complex case studies and key clinical milestones in urological care. The launch witnessed strong participation, with over 150 attendees including leading doctors, senior hospital leadership, staff members, patients and distinguished guests.

## Fortis Gurugram Launches Second Da Vinci Surgical System



Fortis Hospital, Gurugram, has acquired a second Da Vinci Surgical System to further strengthen its robotic surgery capabilities. The new equipment was inaugurated on March 11, 2026, in the presence of the senior clinicians as well as the hospital leadership. The addition of this advanced platform is expected to support growing patient demand, improve surgical efficiency and enhance outcomes through minimally invasive procedures across multiple specialties, including General Surgery, Gynaecological Surgeries and Oncosurgery.

## Fortis Institute of Minimally Invasive Brain & Spine Surgery Inaugurated at the First Annual Neurosciences Conclave in Mumbai

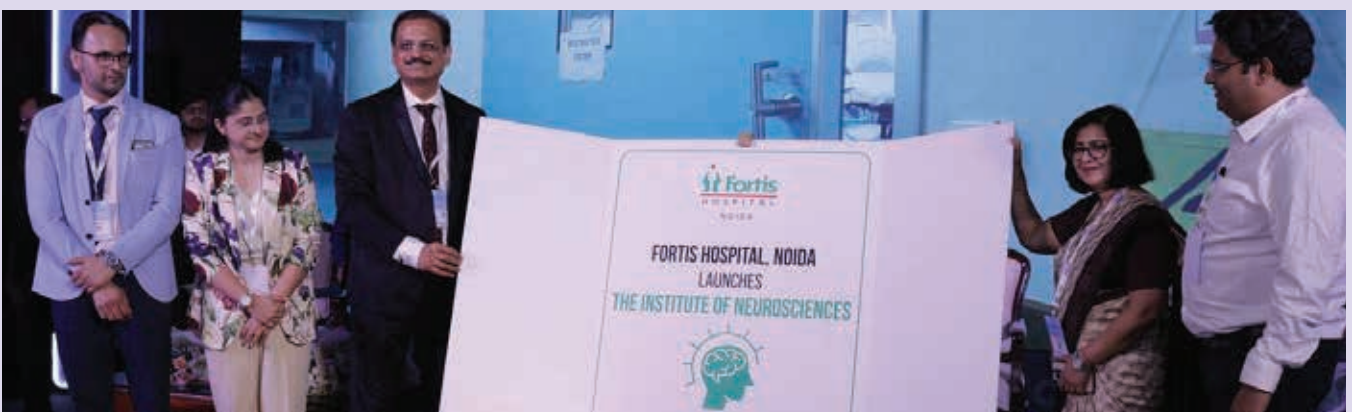


(C) Dr Ashutosh Raghuvanshi, Dr Bishnu Panigrahi, Dr Ritu Garg, Dr S. Narayani are joined by clinical and administrative leads at the Neuroscience Collective

The Fortis Institute of Minimally Invasive Brain & Spine Surgery, a state-of-the-art facility aimed at advancing specialised neuro and spine care in Mumbai, was launched during the Fortis Neurosciences Conclave 2026, held on March 21–22, 2026. The inauguration was graced by Dr Bishnu Panigrahi, Group Head – MSOG, Fortis Healthcare; Dr S. Narayani, Business Head - Mumbai; and Dr Vishal Beri, Facility Director, Fortis Hospital Mulund, apart from clinicians and administrators. The institute is led by Dr Jayesh Sardhara, Director – Minimally Invasive Brain & Spine Surgery, Fortis Hospitals Mumbai, who was also instrumental in conducting the Conclave, which featured high-impact scientific sessions, panel discussions and interactive forums.

Attended by over 400 delegates from across India, the Neuroscience Conclave brought together department heads and key opinion leaders from the Fortis Institute of Neurosciences across India. Key takeaways from the session were shared by Dr Ashutosh Raghuvanshi, MD & CEO, Fortis Healthcare. The event was also graced by Dr Ritu Garg, Chief Growth and Innovation Officer, Fortis Healthcare.

## Fortis Noida Launches 'Institute of Neurosciences' at Neurosciences Conclave 2026



Fortis Hospital, Noida, has launched the 'Institute of Neurosciences,' with the aim of offering comprehensive and integrated care for brain and spine disorders. The launch was announced during the 10th Neurosciences Conclave 2026, on April 5, 2026. The event was graced by Mr Anil Vinayak, Group Chief Operating Officer; Dr Bishnu Prasad Panigrahi, Group Head – Medical Strategy & Operations; Mr Mohit Singh, Zonal Director (Noida, Greater Noida & Faridabad); and Dr Shanu Sharma, Medical Director - Fortis Noida. Prominent clinicians from Fortis Noida were also present, including Dr Rahul Gupta, Senior Director – Neurosurgery; Dr (Prof) Hitesh Kumar, Director – Neurosurgery; Dr Jyoti Bala Sharma, Director – Neurology; Dr Neha Pandita, Senior Consultant; and Dr Ankur Dhanda, Senior Consultant – Neuro Critical Care.

Over 400 doctors from across Delhi-NCR had participated in the conclave. A special highlight of the conclave was the felicitation of Prof V. K. Khosla, Director – Neurosciences, Fortis Mohali, in recognition of his outstanding contribution to the field of neurosciences.

## Fortis Hospital, Gurugram, launches Obesity Clinic



On March 15, 2026, Fortis Hospital, Gurugram, launched a comprehensive Obesity Clinic, aimed at addressing India's growing obesity epidemic through a multidisciplinary care approach that integrates internal medicine specialists, Bariatric Surgeons, nutritionists and fitness experts to deliver personalised and holistic treatment plans. The launch was graced by the renowned Indian actor, Mr Ram Kapoor, along with senior clinicians including Dr Satish Koul, Dr (Prof.) Amit Javed, Dr Ajay Kr Kripalini, Dr Amitabh Parti, Dr Raman Abhi and Dr Rajiv Erry, among others. Senior leaders including Dr Bishnu Prasad Panigrahi, Group Head - MSOG; Mr Ajey Maharaj, Head - Corporate Communications & PR and Mr Yash Rawat, Senior Vice President & Head SBU- Fortis Hospital, Gurugram, also graced the occasion. The event witnessed the presence of over 400 guests and featured a special performance by Jeeveshu Ahluwalia, famous stand-up comedian.

## Fortis and Gleneagles Doctors Commence Clinical Collaboration with Session on Lung Transplantation and Critical Care



On March 28, 2026, clinicians from Fortis Healthcare in Delhi NCR & Gleneagles Hospitals (part of the Fortis network) in Chennai, Bengaluru and Hyderabad, participated a high-impact scientific programme focused on Lung Transplantation & Critical Care, bringing together leading experts to exchange knowledge, share innovations, and elevate patient outcomes. Led by Dr Sandeep Dewan, Chairman – ECMO Programme, Fortis Hospitals Delhi/NCR, alongside Dr Balasubramaniam Govini, HOD & Senior Consultant – Cardiothoracic, Heart & Lung Transplant and Robotic Surgery, Gleneagles Hospitals, the programme stood as a testament to the power of clinical collaboration.

The session witnessed active participation from key clinicians across Critical Care, Pulmonology and Internal Medicine, fostering meaningful discussions on the latest advancements, treatment protocols, and future-ready approaches in complex lung transplants, in cases of end stage lung disease. The event was graced by Mr Anil Vinayak, Group COO, Fortis Healthcare, and Dr Ritu Garg, Chief Innovation & Growth Officer, who shared their vision of making such advanced care programmes more accessible to patients.

## Fortis Gurugram Strengthens Community Healthcare with Medical Room at Mini Secretariat



On April 1, 2026, Fortis Hospital, Gurugram, inaugurated the Fortis Medical Room at the Mini Secretariat, Gurugram, marking the first such medical room established by a corporate hospital within a government setup.

The facility was inaugurated by Shri Ajay Kumar, Deputy Commissioner, Gurugram, who highlighted the importance of such initiatives in promoting employee health and overall well-being. Mr Yash Rawat, Senior Vice President & SBU Head, reiterated Fortis Gurugram's commitment to delivering accessible, timely, and impactful healthcare services to the community. The newly established medical room will provide immediate medical support and essential healthcare services, representing a significant step towards strengthening primary healthcare access and ensuring better health outcomes for citizens.

## Fortis Bengaluru Launches Preventive Genomics Clinic



Fortis Hospitals in Bengaluru announced the launch of its Preventive Genomics Clinic on April 23, 2026, marking World DNA Day. The clinic is designed to integrate genomics into routine clinical care, enabling early detection, accurate diagnosis and personalised treatment across multiple specialties. The clinic was inaugurated by Prof. Padmanabhan Balaram, Padma Shri & Padma Bhushan, Former Director of IISc, Bengaluru, along with Dr Vivek Jawali, Chairman - Cardiac Sciences; Dr Niti Krishna Raizada, Principal Director - Medical Oncology & Hemato-Oncology; Dr Ananth Rao, VP & Business Head; Dr Kunal Sharma – VP & Head - Integrated Onco-Pathology, Lead- DP & AI initiatives, Agilus Diagnostics, and senior clinicians and hospital leadership of Fortis Hospitals, Bengaluru.

The Preventive Genomics Clinic aims to offer advanced genetic testing, expert counselling and personalised treatment plans, empowering individuals to make informed healthcare decisions based on their genetic profile. By leveraging genomics, the clinic enables early identification of inherited conditions, better classification of complex diseases and more targeted, effective treatment strategies.

## Fortis Gurugram launches 'Fortis Genomic 360 Wellness Program'



On April 12, 2026, Fortis Gurugram launched 'Fortis Genomic 360 Wellness Program,' an initiative that integrates genomic science directly into clinical decision-making through a coordinated, multi-disciplinary care model. The program brings together specialists from across Cardiology, Orthopedics, Oncology, Nutrition and Preventive Medicine to translate genomic insights into actionable, patient-specific strategies. The initiative is helmed by Dr Shrinidhi Nathany, Consultant - Molecular Haematology and Oncology, and guided by Dr Rahul Bhargava, Principal Director - Hematology and Bone Marrow Transplant.

Built on Fortis Gurugram's unique multidisciplinary reflex, the program moves beyond risk prediction to real clinical impact, where genomic findings are immediately interpreted in the context of organ systems, co-morbidities and lifestyle factors, and acted upon by domain experts. This ensures that every genomic signal is not just reported, but clinically validated, contextualised and integrated into a personalised care pathway designed to improve long-term outcomes.

The hospital also launched Bravio, the official mascot of its Hematology and Hemato-Oncology Department, symbolising hope, resilience and compassionate care. The launch was witnessed by over 200 doctors during the event, 'Walk for Century - The Grand Finale & Handing Over Ceremony' organised by Gurugram IMA. The presence of Dr Rahul Bhargava, Dr Debashish Chanda and Dr Shrinidhi Nathany along with members of the IMA added value to the occasion.

## Fortis Bannerghatta Road, Bengaluru, Launches SWARA Clinic on World Voice Day



Fortis Hospital, Bannerghatta Road, announced the launch of SWARA Clinic – Swallow, Airway & Advanced Voice Care Centre on April 16, 2026. The clinic aims to address voice, airway and swallowing disorders — conditions that are often underdiagnosed or treatment is delayed due to limited awareness. The clinic was inaugurated by Ms Archana Udupa, renowned vocalist and playback singer, along with Dr Susheen Dutt, Additional Director – ENT, Cochlear Implant & Skull Base Surgeon; Dr Manjunath MK, Senior Laryngologist (Voice & Airway Surgeon) and senior clinicians of Fortis Hospital, Bannerghatta Road, in the presence of hospital leadership and staff members.

Equipped with advanced OPD-based diagnostics such as laryngoscopy with Narrow Band Imaging (NBI), stroboscopy, bronchoscopy and functional endoscopic evaluation of swallowing, the clinic enables early detection, accurate diagnosis and effective treatment planning. The clinic aims to deliver end-to-end care through a multidisciplinary approach, offering services ranging from basic evaluation to advanced medical and surgical management in a patient-friendly outpatient setting.

## Fortis Hospital Jalandhar Strengthens Critical Care Infrastructure with Addition of 19 ICU Beds



Fortis Hospital Jalandhar has expanded its Critical Care Unit with the addition of 19 new ICU beds, increasing its total intensive care capacity from 84 to 103 beds, making it one of the largest critical care facilities in the region. The ICU beds were inaugurated by Mr Ashish Bhatia, EVP & Business Head - Punjab on April 30, 2026, in the presence of Dr Shubha Sharma, Director - Anaesthesia & Critical Care; Dr V. P. Sharma, Director – Cardiology; Dr Rajeev Bhatia, Director – Nephrology, Dr Ajay Marwaha, Director – Nephrology; Dr Harmeet Paul Singh, Director - General Surgery; Dr Deepali Marwaha, Director – Radiology and Dr Ankush Mehta, Facility Director, and other team members.

## Fortis, in association with Agilus Diagnostics, launches two Information Centres in Agra & Gwalior



Glimpses of the inauguration at Gwalior (L) and Agra (R)

Fortis Healthcare has launched Information Centres in Agra (Uttar Pradesh) on 21st Feb and Gwalior information centre (Madhya Pradesh) on 7th March.

These facilities aim to enhance patient care and improve access to advanced healthcare services in these regions.

The inauguration took place in the presence of several senior doctors from the Fortis network, including Dr Udgeath Dheer, Principal Director - Cardio Thoracic & Vascular Surgery, Fortis Gurugram; Dr Rahul Bhargava, Principal Director & Chief - Hematology, Hemato-Oncology & Bone Marrow Transplant, Fortis Gurugram; Dr Kamal Verma, Director - Neurosurgery, Fortis Faridabad; Dr Ashutosh Shrivastava, Director - Orthopaedics, Fortis Faridabad; Dr Pankaj Panwar, Additional Director - Kidney Transplant & Robotic Urology, Fortis Escorts Okhla; Dr Bharat Goswami, Senior Consultant - Joint Replacement & Arthroscopic Surgery, Fortis Greater Noida; Dr Ashish George, Principal Consultant & Unit Head - Liver Transplant; and Dr Devyani Surange, Associate Consultant - Hematology.

## Fortis Manesar Launches Fortis Cancer Institute with Advanced Oncology Technology



Fortis Hospital Manesar launched the Fortis Cancer Institute on April 23, 2026, bringing advanced Oncology technology and comprehensive cancer care services to patients across Gurugram and Delhi NCR. The institute is designed to offer integrated and patient-centric cancer treatment under one roof, focusing on precision oncology, early cancer diagnosis, medical oncology, surgical oncology and personalised cancer care.

The Oncology Team, consisting of Dr Vinay Samuel Gaikwad, Dr Pooja Babbar and Dr Mansi Chowhan, offers comprehensive treatments tailored to individual patient needs.

## Fortis Jalandhar Strengthens Its Dialysis Infrastructure to Elevate Patient Care



Fortis Hospital Jalandhar strengthened its renal care services in the region by expanding its dialysis units. The upgraded dialysis facility was inaugurated on April 23, 2026, by Dr Rajesh Garg, Civil Surgeon, Jalandhar along with Dr Vaninder Riar, District Health Officer, Jalandhar. With this expansion, the hospital has added 8 new dialysis machines, taking the total capacity to 41 machines, making Fortis Jalandhar one of the largest dialysis centres in the region.

The unit now has 9 Hemodiafiltration machines, 2 CRRT machines to manage critically-ill patients with kidney failure. These additions strengthen the hospital's ability to handle both routine and emergency cases. The inauguration ceremony was attended by senior clinicians and leadership members of Fortis Hospital Jalandhar,

including Dr Rajeev Bhatia and Dr Ajay Marwaha, Directors – Nephrology; Dr Shubha Sharma, Director – Anaesthesia & Critical Care; Dr V.P. Sharma, Director – Cardiology; Dr Harmeet Paul Singh, Director – General Surgery; Dr Deepali Marwaha, Director – Radiology; and Dr Ankush Mehta, Facility Director along with other team members.

## Fortis Escorts, Okhla Inaugurates Advanced 21-Bedded Dialysis Centre



Fortis Escorts, Okhla inaugurated its newly renovated, advanced 21-bedded Dialysis Centre on April 6, 2026. The upgraded centre marks a significant step in strengthening renal care services at the hospital. This transition will enable smoother operations, improved coordination, and a more seamless patient care experience.

The inauguration took place in the presence of Dr Ashok Seth, Chairman, Cardiology; Dr Vikram Aggarwal, Vice President and Facility Director; Dr Ajit Singh Narula, Principal Director – Nephrology; Dr Sanjay Gulati, Executive Director – Nephrology; Dr Narottam Puri, Advisor Medical Operations & Chairman, Fortis Medical Council and Dr Amrita Gupta Medical Director, along with other team members.

## Clinical Excellence

### Doctors at Fortis Anandapur Treat Rare Case of Childhood Acute Necrotising Encephalopathy



Dr Ritika and the PICU team involved in the management and recovery of the child.

A multidisciplinary team at Fortis Hospital, Anandapur, led by Dr Ritika Ghosh Dastidar, Consultant Paediatrician and Paediatric Intensivist, successfully managed a rare and life-threatening case of Acute Necrotising Encephalopathy of Childhood (ANEC) secondary to Influenza B in a 7-year-old child. The patient, admitted on November 23, 2025, presented with generalised seizures and posturing, rapidly progressing to cytokine storm with acute liver and renal failure. MRI brain confirmed ANEC, necessitating prolonged ventilatory support, advanced immunomodulatory therapy and several cycles of hemodialysis.

Complications like sepsis, autonomic storm, severe metabolic acidosis and tracheostomy were successfully managed. Paediatric Nephrology and Paediatric Neurology were actively involved as well.

After nearly two months of intensive care, the child was discharged on January 21, 2026 in a stable condition. Two months post-discharge, the child was breathing on his own, and eating and drinking normally. He was able to speak, and his cognition appeared to be preserved. His upper limb power improved significantly, and his lower limb power is rapidly improving

### Rare, First-of-its-kind Robot-aided Simultaneous Bilateral Hip Replacement Performed on 81-year-old at Fortis Gurugram



A team of doctors at Fortis Gurugram, led by Dr Debashish Chanda, Senior Director & Unit Head - Orthopaedics, performed a rare and highly complex simultaneous bilateral hip replacement on an 81-year-old patient. The patient had been suffering from severe disability due to Avascular Necrosis (bone tissue death) affecting both hips, a condition caused by compromised blood supply to the hip joints. For nearly four years, he had been bedridden and required assistance for even simple movements. Following a detailed clinical evaluation, the doctors opted for a minimally invasive, robot-assisted

bilateral hip replacement performed in a single sitting. The procedure, completed in approximately three hours on April 13, 2026, leveraged advanced robotic technology to ensure enhanced surgical precision, optimal implant positioning and better tissue preservation. The simultaneous replacement of both hip joints in a single procedure, using a minimally invasive and robot-assisted approach, enabled a remarkable recovery. The patient was able to stand on the same day of the surgery and walk independently by the next morning. The patient was discharged within 48 hours.

### Doctors at Fortis Escorts, Okhla, Perform Open Heart Surgery on 24-hour-old to Fix Rare Congenital Defect



A multidisciplinary paediatric cardiac team at Fortis Escorts, Okhla successfully performed a complex four-hour open-heart surgery on a 24-hour-old preterm newborn diagnosed with Total Anomalous Pulmonary Venous Connection, a rare congenital heart defect. The clinical team was led by Dr K. S. Iyer, Chairman & Head - Paediatric and Congenital Heart Surgery; Dr Ashutosh Marwah, Director -

Paediatric Cardiology; and Dr Parvathi U. Iyer, Principal Director - Paediatric Cardiac Intensive Care.

The condition had been diagnosed during pregnancy, allowing timely planning and immediate transfer of the baby for specialised cardiac care after delivery. The surgery was performed on April 14, 2026, following which the newborn remained under intensive care and close monitoring. The baby recovered well and was discharged in stable condition after 11 days.

## Milestones

### 80-year-old undergoes Western UP's first MyClip procedure at Fortis Noida



A team of doctors at Fortis Noida, led by Dr Sanjeev Gera, Senior Director – Cardiology, conducted a 'MyCLIP' minimally invasive procedure on an 80-year-old female patient. The two-hour procedure was conducted on March 3, 2026. The patient was suffering from refractory heart failure due to severe mitral regurgitation despite optimal medical treatment. The procedure reduced the mitral valve leakage to 'mild' and led to improvement in functional capacity and heart function. This is reported to be the first such surgery in Western UP and 174th in India.

### Nephrology Team at Fortis Gurugram Performs Three Renal Transplants in a Single Day



On March 27, a team led by Dr Gagan Deep Chhabra, Director and Unit Head – Nephrology, Fortis Hospital, Gurugram, performed three demanding renal transplants in a single day. The first case involved an ABO-incompatible transplant from a wife to her husband, who had underlying diabetes and hypertension. Despite the immunological barriers and associated comorbidities, careful pre-transplant desensitisation protocols and vigilant perioperative management ensured a successful outcome.

The second transplant was performed on a 72-year-old male recipient, with his daughter as the donor. Although advanced age is often considered a limiting factor, this patient was thoroughly evaluated and found to be physically fit for transplantation. The procedure underscores that chronological age alone should not preclude patients from receiving life-saving interventions when physiological status is favorable.

The third case involved a diabetic recipient with complications related to long-standing diabetes. Such patients pose increased surgical and post-operative risks; however, with optimised glycemic control and tailored management strategies, the transplant was completed successfully.

## 67-year-old Kenyan undergoes Dual-Chamber Leadless Pacemaker Implantation at Fortis Greater Noida



In a significant clinical milestone, doctors at Fortis Hospital Greater Noida successfully performed the region's first dual-chamber leadless pacemaker implantation on a 67-year-old patient from Kenya diagnosed with complete heart block. The advanced, minimally invasive procedure, conducted on March 19, 2026, was led by Dr Harnish Singh Bhatia, Consultant – Cardiology, restoring the patient's normal heart rhythm and enabling a rapid recovery.

The patient presented with recurrent fainting, fatigue and a critically low heart rate of 30-40 beats per minute. Following evaluation, the team opted for a next-generation dual-chamber leadless pacemaker, which enables synchronised pacing of both heart chambers without the need for surgical incisions or traditional leads. Implanted via a catheter-based approach, the device ensures physiological rhythm with reduced risk of complications. The patient showed excellent recovery and was discharged the next day.

## Fortis Escorts, Faridabad, hosts Vintage Car Rally



Fortis Escorts Hospital, Faridabad, marked its 40+ year journey of trusted healthcare by hosting the biggest Vintage Car Rally in the Faridabad region — a celebration of heritage, endurance, and community spirit. Organised in association with the Heritage Motoring Club of India and the Faridabad Industries Association, the 15-km rally brought together over 50 vintage cars and motorcycles. Nearly 1,000 enthusiasts, including industrialists, automobile enthusiasts, senior citizens, families and members of the local community participated in the event.

Shri Vipul Goel, Hon'ble Cabinet Minister, Govt of Haryana, was the Chief Guest. The event also featured a panel discussion by doctors on healthy ageing, where they shared valuable insights on

staying active, preventive healthcare, lifestyle choices and the importance of prioritising wellness at every stage of life.

## Fortis Mulund Launches Occupational Health Centre at Mindspace Airoli



Dr Vishal Beri, Mr Nitin Kamaria, Ms Rinku Mavani, along with members of the Corporates Sales team at Mindspace Business Park



The Occupational Health Centre inaugurated at Mindspace Business Park, Airoli

Fortis Hospital, Mulund, in collaboration with Mindspace Business Parks, marked a significant milestone with the launch of its Occupational Health Centre at Mindspace Business Park, Airoli on March 24, 2026. The facility was inaugurated by Dr Vishal Beri, Facility Director - Fortis Hospital Mulund; Mr Nitin Kamaria, Facility Director - Fortis Hiranandani Hospital Vashi, and Ms Rinku Mavani, Business Partner - Sales, Fortis Hospitals Mumbai, along with Mindspace officials. The initiative is spearheaded by Mr Ashok Rai, Head-Sales & Marketing, Fortis Hiranandani Hospital Vashi and Ms Priya Sawant, Senior Manager-Corporate Sales, Fortis Hospital Mulund.

## Fortis Hospital Mulund hosts landmark 10th edition of 'POCUS in emergency medicine' workshop



Fortis Hospital, Mulund hosted the 10th edition of its 'Point of Care Ultrasound (POCUS) in Emergency Medicine' workshop on April 1, 2026, marking a decade of focused training in the use of bedside ultrasound in emergency settings. Held as a pre-conference workshop for the 28th National Conference of Emergency Medicine (EMCON 2026), the program brought together emergency physicians from across the country for practical, hands-on learning. The workshop was led by Dr Sandeep Gore, Director-Emergency Medicine, Fortis Hospital Mulund. Over the past decade, more than 433 emergency medicine doctors have been trained through this initiative, contributing to a growing base of clinicians familiar with point-of-care ultrasound applications.

Over the years, the workshop has expanded in scope to reflect evolving clinical needs. The 10th edition included modules on resuscitative ultrasound, haemodynamic assessment, fluid responsiveness, and fluid tolerance. The focus remained on the use of ultrasound during the initial stages of patient care, where early diagnosis and timely decisions are critical. Participants underwent hands-on training in techniques such as LVOT VTI, EPSS, VEXUS, and TAPSE, which are increasingly being used in emergency and critical care settings.

## S.L. Raheja Hospital, Mahim-A Fortis Associate hosts landmark 'India EUS Summit 2026'

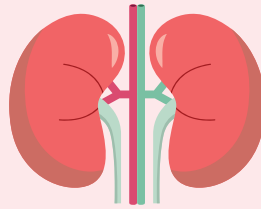


S.L. Raheja Hospital, Mahim-A Fortis Associate, successfully hosted the 'India EUS Summit 2026', on April 4-5, 2026, in Mumbai, bringing together leading gastroenterologists and experts in endoscopy experts from across the globe. The summit witnessed excellent participation as 392 delegates from 14 different countries (USA, France, Italy as well as other countries) joined-in, further demonstrating their expanding global presence in advanced endoscopic care. One of the most significant events of the summit was the demonstration of 20 complex Endoscopic Ultrasound (EUS) procedures, transmitted live from the hospital's state-of-the-art endoscopy rooms of the hospital, which are equipped with the latest technology for conducting such endoscopic procedures.

The Institute of Digestive & Liver Care at S.L. Raheja Hospital, Mahim – A Fortis Associate, led by Dr Vinay Dhir, Director - Gastroenterology, was awarded the prestigious WEO Expert Training Centre certification by the World Endoscopy Organization at the India EUS Summit 2026. The award was received by Dr Kunal Punamiya, CEO, and Dr Vinay Dhir, marking a significant milestone for the institution. Notably, only 40 centres globally have received this distinction, making S.L. Raheja Hospital the first in Mumbai to be recognized as a WEO Expert Training Centre.

## Special Feature

# FORTIS CELEBRATES



# WORLD KIDNEY DAY

### Fortis Hospital, Gurugram



On the occasion of World Kidney Day, Fortis Hospital, Gurugram hosted a special event dedicated to honoring the resilience and courage of kidney donors, transplant recipients, and their families. The event provided a platform for donors to share their inspiring journeys, underscoring the profound, life-saving impact of organ donation.

The session was led by Dr Salil Jain, Principal Director & HOD, who emphasised the importance of awareness, early diagnosis, and timely intervention in kidney care. The event was graced by Shri Mukesh Sharma, MLA Gurugram, who was the Chief Guest. Mr Yash Rawat Senior Vice President & SBU Head and Dr Ritu Garg, Chief Growth & Innovation Officer, were also present on the occasion. As part of the program, kidney donors were felicitated in recognition of their selfless contributions and invaluable role in saving lives.

### Fortis Hospital, Noida



Reinforcing the life-saving impact of organ donation and the resilience of transplant recipients, the Department of Nephrology & Urology at Fortis Hospital, Noida, organised a unique support group program titled 'Sankalp: Celebration of Life.' The initiative brought together transplant survivors, living organ donors, doctors and caregivers in a heartfelt gathering dedicated to awareness, gratitude and shared learning.

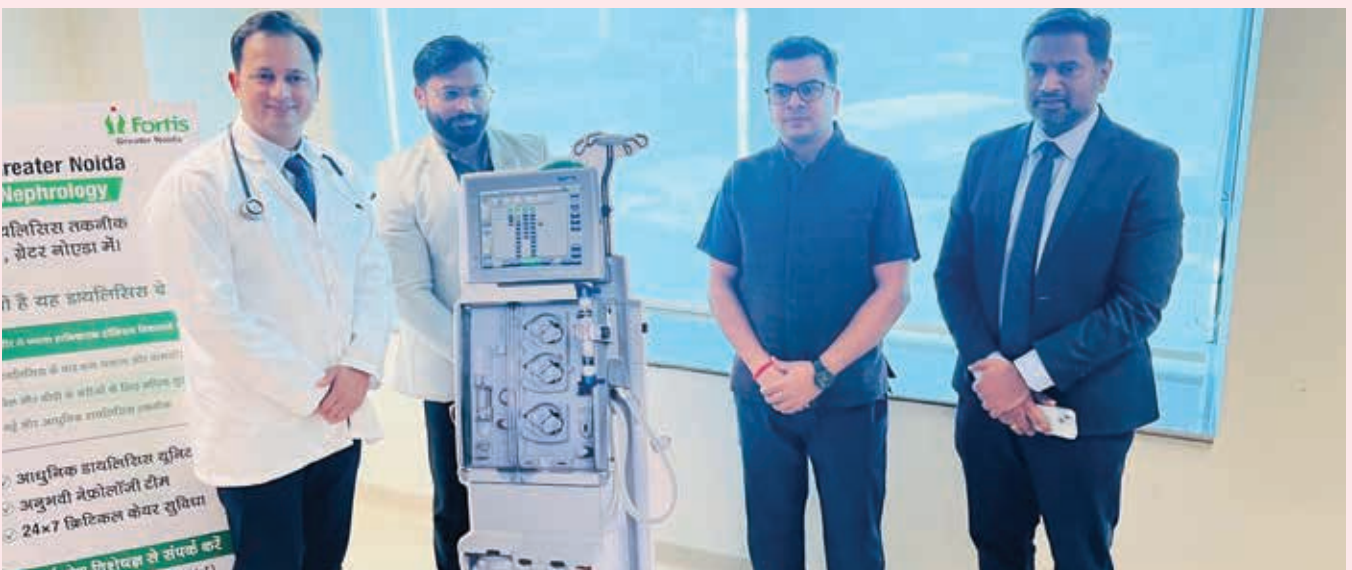
The event witnessed the participation of 12 living donor–recipient pairs, celebrating their extraordinary journeys of courage, compassion, and renewed life. In a moving tribute, the program also honoured the family of a donor, acknowledging the profound legacy created by deceased organ donation and its role in saving multiple lives. The support group meet was led by Dr Anuja Porwal, Director – Nephrology & Renal Transplant, Fortis Hospital Noida, who highlighted the importance of continuous medical care and emotional support for transplant patients. The program also featured an engaging medical quiz session hosted by Dr Shailendra Kumar Goel, Director – Urology and Dr Piyush Varshney, Director – Urology, Fortis Hospital Noida.

## Fortis Hospital, Mohali



Fortis Hospital Mohali celebrated World Kidney Day with Sahaayak – ‘a support group for dialysis patients’ on March 11, 2026. Nearly 35 patients accompanied by their attendants took part in the session. The purpose of the meet was to provide dialysis patients and their families an opportunity to discuss their medical, dietary and psychological issues with the medical experts. The event started with the ceremonial lamp-lighting by the dialysis patients in the presence of Dr HJS Gill, Additional Director, Nephrology; Dr Amit Sharma, Senior Consultant, Nephrology; and Dr Sonia Gandhi, Head, Department of Dietetics and Nutrition, Fortis Hospital Mohali. Dr Gill interacted with the patients on the latest developments in the field of dialysis. Dr Sharma advised the patients for early diagnosis to prevent kidney disease. Several dialysis patients also shared their experiences.

## Fortis Hospital, Greater Noida



Marking World Kidney Day, Fortis Hospital Greater Noida introduced a next-generation Haemodiafiltration (HDF) machine to address the rising burden of lifestyle-related kidney diseases. Factors such as diabetes, hypertension, obesity, excessive protein supplementation, and delayed screening are increasingly contributing to kidney damage.

The clinical impact of this advanced technology was demonstrated in the successful management of a critically ill 32-year-old patient with end-stage kidney failure. The case was led by Ravinder Singh Bhadoria and Prashant Kumar, who utilised HDF to stabilise the patient despite severe complications.

## Fortis Hospital, Manesar



Reinforcing the importance of hydration in maintaining kidney and overall health, Fortis Hospital Manesar organised a hydration drive for police personnel stationed in Naurangpur, Manesar, on March 18, 2026. As part of the unique initiative, the hospital distributed 150 water campers (12 litres each) to police officers who spend long hours on duty under the scorching sun. The activity also included an awareness talk on kidney care and importance of adequate hydration. The initiative was led by the hospital's Renal Sciences team.

Dr Ruchir Maheshwari, Director – Urology & Renal Sciences, emphasised that dehydration significantly increases the risk of kidney stones, infections, and acute kidney injury, particularly among outdoor workers. Dr Sahil Bagai, Senior Consultant & Unit Head – Nephrology, stressed the importance of regular hydration in supporting kidney function and preventing complications during summer.

## Fortis Escorts, Okhla, New Delhi



To mark the occasion of World Kidney Day, a two-day awareness kiosk was set up at Select Citywalk on 11th and 12th March, 2026 to engage visitors and promote awareness about kidney health. Additionally, Dr. Ajit Singh Narula, Principal Director, Nephrology interacted with mall employees, sharing valuable insights on kidney care, prevention, and the importance of early detection of kidney-related conditions.

**FORTIS  
CELEBRATES**



**International  
WOMEN'S DAY**

## Fortis Hospital, Shalimar Bagh, Honours 28 Women Leaders with 'Fortis Sashakt Nari Award' on International Women's Day



Fortis Hospital, Shalimar Bagh, New Delhi, commemorated International Women's Day with a special event held on March 7, 2026, recognising the achievements and contributions of women from diverse fields. The program brought together distinguished guests, community representatives and professionals to celebrate the spirit of women's empowerment. The event was attended by Smt. Anita Jain, Corporation Councillor -Shalimar Bagh, Dr Ranjna Jha, Vice-Chancellor Indira Gandhi Delhi Technical University for Women (IGDTUW) and Ms Aayushi Dabas, IAS, who graced the occasion as Chief Guests. The ceremony commenced with the traditional lamp lighting by Mr Mahipal Singh Bhanot, Business Head & Operations Lead - NCR Projects, along with Mr Naveen Sharma, Facility Director - Fortis Hospital, Shalimar Bagh, and Dr Archana Bajaj, Medical Director, in the presence of the Chief Guests.

A key highlight of the event was the launch of the Fortis Sashakt Nari Award 2026, under which 28 women leaders from diverse sectors were recognised for their contributions to society, including Padma Shri awardees, government officials, academicians, healthcare professionals, artists, sports achievers and social workers.

## Fortis Hospital, Gurugram, Hosts 'Shakti - A Candlelight Tribute' Celebrating the Strength and Spirit of Womanhood



On March 8, 2026, marking International Women's Day, Fortis Gurugram hosted 'Shakti A Candlelight Tribute,' a first-of-its-kind candlelight concert by a healthcare institution celebrating the resilience, courage and contributions of women. The evening brought together over 500 women, along with healthcare leaders, families and members of the community, in a shared moment of reflection and celebration.

Curated by Fever, the musical evening featured a soulful performance by Nabeel Khan & team, whose evocative compositions beautifully reflected the essence of Shakti-strength, grace and emotional depth embodied by women across all walks of life.

The event also featured insightful talks by Dr Suneeta Mittal, Dr Mukta Kapila and Dr Nitika Sobti, highlighting the importance of women's health, empowerment and collective support for women across communities.

Set against the warm glow of hundreds of candles, the immersive experience created a serene atmosphere where music became a tribute to women who nurture families, lead with courage, heal with compassion and inspire change in society.

The evening was graced by the presence of Mr Anil Vinayak, Dr Ritu Garg, Mr Ajey Maharaj, Mr Yash Rawat, along with senior clinicians of FMRI, reflecting the institution's continued commitment to celebrating and empowering women both within healthcare and the wider community.

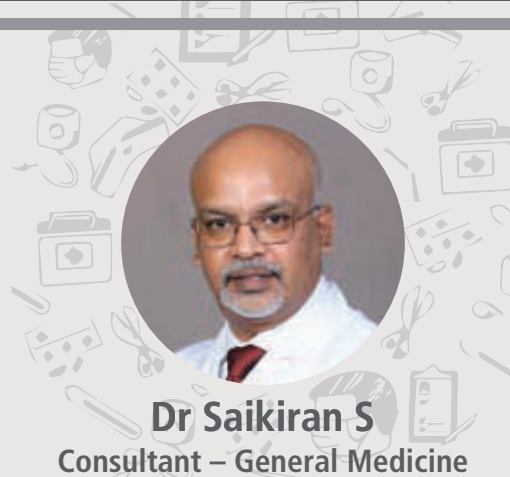
## Fortis Escorts, Jaipur, Felicitates 51 Women Leaders from 7 States



On March 14, 2026, Fortis Escorts Hospital, Jaipur, organised 'Leadership by Naari' felicitation ceremony as part of International Women's Day. The event honoured 51 women from 7 states across diverse fields for their exceptional contribution and leadership. The initiative aimed to promote women's empowerment and acknowledge individuals making a meaningful impact in society. Dr Mukesh Pancholi, renowned educationist, was the Chief Guest while Ms Pooja Bharti Chhabra, National President of the Anti-Liquor Movement, was the Guest of Honour. The event also witnessed the special presence of sports celebrity and para-athlete Mr Sunil Kumar Sahu.

A panel discussion titled 'Digital Naika: Empowering Women in the Digital Age' was organised. Health talks focused on key aspects of women's wellness, including reproductive health, lifestyle-related concerns, hormonal changes, and the importance of regular medical check-ups. Dr Shallu Kakkar, Additional Director; Dr Smita Vaid, Additional Director – Obstetrics & Gynecology and Dr Manila Nainawat, Consultant – Obstetrics & Gynecology, emphasised the importance of awareness and informed healthcare choices for women.

## Meet Our Doctor



**Dr Saikiran S**  
 Consultant – General Medicine  
 Fortis Hospital, Yeshwanthpur, Bengaluru

### What are some of the learnings that medicine has a career brought to you?

"To heal is a science, but to care is an art. The greatest privilege of medicine is using both to change a life." Medicine has taught me that healing requires a balance of advanced clinical knowledge and deep empathy. It is a journey of continuous learning, resilience and humbling moments - where the greatest reward is not just treating a condition, but restoring someone's quality of life and helping them thrive. Medicine, for me, has never been just a career path—it is a lifelong calling. There is an incredible privilege in being able to translate complex science into comfort, healing, and hope.

### What are some rewarding aspects of you being a doctor, both personally and professionally?

Professionally, the most rewarding aspect is the intellectual challenge of solving complex medical problems and seeing a direct, positive impact on someone's health. There is nothing quite like the satisfaction of watching a patient recover and thrive because of a well-crafted treatment plan.

Personally, it is all about human connection. Being allowed into people's lives during their most vulnerable moments builds an incredible amount of trust. Helping a patient understand their body, calming their fears, and sharing in their relief brings a profound sense of purpose that stays with you long after.

### Can you share a memorable patient story that had a profound effect on your life and career?

Several years ago, a patient visited me with breathing difficulty. He left the hospital before showing me his echocardiography report,

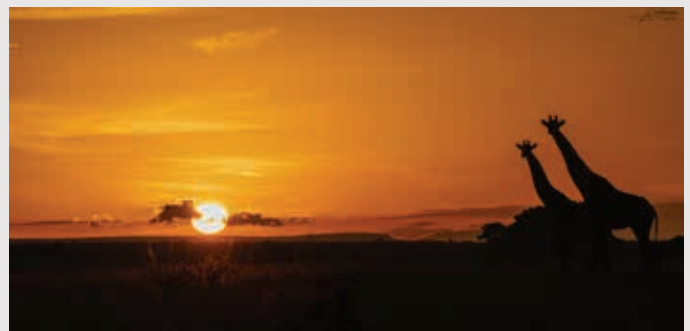
which later revealed heart failure. Despite repeated attempts, we could not reach him by phone. Concerned about his condition, I obtained his address, drove to his home personally, and advised immediate admission. He followed me to the hospital, received timely treatment, and recovered well. To this day, years later, his family continues to send festive greetings and treats me like one of their own. It reinforced an important lesson for me—when doctors go the extra mile for their patients, patients often respond with lifelong gratitude and trust.

### Has being a clinician/doctor influenced your perspective on health practices in personal life as well?

Absolutely. Being a physician has made me far more conscious about preventive healthcare and the importance of maintaining a healthy lifestyle. I pay close attention to regular health check-ups, balanced nutrition, adequate sleep, stress management, and staying physically active. Over the years, I have also learned that good health is not just about treating diseases but about maintaining overall physical and mental well-being.

### Can you tell us about some of your hobbies that help you rejuvenate outside your personal life?

Whenever I am not working, I enjoy travelling with family and friends, watching sunrises and sunsets, observing birds and wildlife, and spending time in nature. I also enjoy sketching and craftwork. Wildlife photography is another passion of mine, and I often spend time in forests observing animals in their natural habitat. These activities help me relax, recharge, and maintain a healthy balance between my professional and personal life.



## Meet Our Nurse



**Charanjeet Kaur Saini**  
 Nurse Educator  
 Fortis Escorts Amritsar

### **What inspired you to pursue your career in nursing and how it has shaped your professional and personal life?**

My teacher, who always encouraged students to choose careers that could bring positive change to society, was my biggest inspiration. She often spoke about the importance of caring for people and helping those in need. Her words stayed with me, and gradually I developed an interest in the nursing profession because it combines knowledge, compassion and service.

### **Can you share a personal experience that illustrates the impact nursing had on your life?**

One personal experience that showed me the true impact of nursing was when a close family member was admitted to the hospital for several days. During that difficult time, I observed how the nurses cared not only for the patient but also supported the family emotionally. Their patience, kindness, and calm behavior created a sense of comfort and hope in a stressful situation.

I remember one nurse in particular who always spoke gently to my family member and encouraged them to stay positive during treatment. Even small actions, like checking regularly on the patient and listening carefully to concerns, made a big difference. Watching this made me realize that nursing is not only about giving medicines or treatment but also about providing emotional care and building trust.

That experience deeply influenced me and changed my perspective on life. It taught me the importance of compassion, responsibility, and human connection. Since then, I have developed greater respect for healthcare workers and became more motivated to pursue a profession where I can help and support people during challenging times.

### **How do you stay updated on the advancements and evidence-based practices in nursing?**

As a nurse educator, I believe that continuous learning is

essential to provide accurate knowledge and improve the quality of nursing education. I regularly read nursing journals, research articles, and healthcare publications. I also attend seminars, workshops, conferences, and professional training programs. These programs help me understand current trends in healthcare and allow me to share updated information with nursing students and staff.

In addition, I use online learning platforms, webinars, and educational resources to remain informed about modern nursing practices and innovative teaching methods. I actively participate in professional discussions with healthcare experts, senior nurses, and educators to exchange ideas and learn from their experiences. As a nurse educator, I also encourage evidence-based practice by teaching bedside nurses the importance of using scientific research, clinical expertise, and patient-centered care in decision-making. I continuously update teaching materials and clinical demonstrations according to current healthcare standards so that students receive relevant and practical knowledge.

### **How has been your journey working at Fortis?**

My journey working at Fortis Healthcare has been both challenging and rewarding. It has provided me with valuable learning experiences and helped me grow professionally as well as personally. Working in a healthcare environment where patient care is the top priority has taught me the importance of responsibility, teamwork, and compassion.

At Fortis, I had the opportunity to interact with experienced doctors, nurses, and healthcare professionals, which improved my clinical knowledge and communication skills. The fast-paced environment helped me develop confidence, quick decision-making abilities, and the capacity to handle stressful situations calmly and efficiently.

## Inspiring Story

### Nandini of Fortis Shalimar Bagh Demonstrates Exemplary Integrity; INR 25,000 Returned to Rightful Owner



Nandini, an intern from the Dialysis Unit at Fortis Hospital Shalimar Bagh, demonstrated exemplary honesty and integrity by responsibly returning an amount of INR 25,000 that she found in the ground floor washroom area on March 27, 2026. Her prompt and ethical action ensured that the amount was safely restored to its rightful owner.

In recognition of her commendable conduct, Mr Naveen Sharma, Facility Director, felicitated and appreciated Nandini for upholding the highest standards of integrity and responsibility.

## Community Connect

### Fortis Hospital Vasant Kunj Hosts Patient Meet to Mark World Parkinson's Day



Fortis Hospital Vasant Kunj observed World Parkinson's Day on April 12, 2026, by hosting a Patient Meet for individuals living with Parkinson's and their caregivers.

Dr Madhuri Behari, Neurology, shared valuable insights and practical tips to improve quality of life, while Dr Amit Manchanda, Physiotherapy, conducted a live workshop demonstrating simple exercises to enhance mobility in Parkinson's patients.

The event witnessed participation from over 80 patients and their attendants and was graced by Dr Gurvinder Kaur, Facility Director, Dr Lovelina Singh, Additional Director – Neurology, and Mr Vinay Rozal, Unit Head – Sales & Marketing.

### Fortis Noida Hosts Health Carnival to Promote Preventive Healthcare Awareness; Draws Participation from 450 Children



Fortis Hospital, Noida hosted a Health Carnival on April 28, 2026, to promote preventive healthcare awareness among children. The event, themed 'Health with Science,' engaged over 450 children (aged 5–12) and over 350 families through interactive, activity-based learning.

The carnival featured competitions like poster-making, slogan writing, fine arts, and a fireless healthy recipe contest, with a total prize pool of INR 51,000, judged by eminent school principals. A vibrant Fun Zone with a magic show and interactive sessions added to the experience, making health education both engaging and impactful.

## Fortis Escorts, Faridabad, Hosts Health Session for SBI Retirees



Fortis Escorts Hospital, Faridabad hosted a special health and engagement session for esteemed SBI retirees on April 11, 2026. The highlight of the evening was a dynamic and thought-provoking panel discussion featuring distinguished specialists, including Dr B.D. Pathak, Senior Director - GI, Minimal Access & Surgery; Dr Vinit Banga, Director & HOD – Neurology; Dr Ashutosh Shrivastav, Director – Orthopaedics; Dr Arvind Kumar, Director – Ophthalmology and Dr Asheesh Malhotra, Additional Director – Nephrology. The session provided valuable insights, encouraged open dialogue and addressed health-related concerns in an informative and supportive environment.

Following the discussion, participants engaged in a fluid art activity designed to promote creativity, relaxation and meaningful interaction among attendees. The session offered both informative and enjoyable experiences, and was met with enthusiastic participation from all participants.

## Fortis Gurugram Organises 'Swasth Gurugram Abhiyaan'



On April 25, 2026, Fortis Hospital, Gurugram, hosted a significant event reaffirming its commitment to community healthcare. The occasion was graced by Hon'ble Mayor Smt Raj Rani Malhotra as Chief Guest, along with 60 Ward Councilors.

A key highlight was the launch of the 'Swasth Gurugram Abhiyaan,' an initiative aimed at organising medical health camps across all wards of Gurugram to improve accessibility, promote preventive care and ensure quality healthcare at the grassroots level.

The session featured insights from leading experts including Dr Rahul Bhargava, Dr Salil Jain and Dr Udgeath Dhir, who emphasised the importance of early diagnosis and community-driven healthcare initiatives.

## Engagement

### Advancing Care For Caregivers: Psychological First Aid Leadership Training Towards Strengthening Nurse Wellbeing In Punjab



A Leadership Training on Psychological First Aid (PFA) was successfully conducted in Punjab Region as part of the organization's ongoing Wellbeing Initiative for nurses at Fortis Hospital Mohali. The session, led by Dr Samir Parikh, Chairman, Fortis National Mental Health Department, brought together leaders from across Punjab region, including facility directors, SBU Heads, medical and nursing leaders, human resources, learning & development, and administration heads. The session emphasized on the critical role of leadership in fostering safety, empathy and psychological well-being across the organisation. The programme covered key aspects of Psychological First Aid, including recognising early indicators of distress, applying PFA principles in real-life scenarios, understanding crisis intervention approaches, and enhancing awareness of available support systems. It also reinforced the importance of peer support champions and wellness officers in building a strong and responsive support network.

Addressing the gathering, Mr Ashish Bhatia, Executive Vice-President, Fortis Healthcare Ltd., shared, "This initiative is a key differentiator in how we are approaching mental wellbeing - moving from one-off initiatives to a sustainable, continuous, and holistic model of support for our nurses. This focus sets us apart from other healthcare organizations and reinforces our commitment to embedding support for nurses into everyday practices and strengthening the collective ability to care for our people."

The active participation and engagement of leaders contributed to the success of this initiative and reinforces the shared commitment to building a compassionate, resilient, and psychologically safe workplace.

### Fortis Gurugram Concludes Annual Sports Week 2026, Celebrating Team Spirit and Collaboration



Fortis Hospital, Gurugram, concluded its Annual Sports Week 2026, held from February 24 to March 16, 2026, culminating in an award ceremony on March 24, 2026. Organised under the leadership of Mr Yash Rawat, Senior VP & SBU Head, and Mr Ravi Ranjan, SBU HR Head, the initiative served as a vibrant platform to foster collaboration, strengthen interpersonal connections, and promote a culture of unity across teams.

The week witnessed enthusiastic participation across departments, with employees and clinicians coming together beyond their professional roles to compete in Chess, Carrom, Badminton Doubles (Men's, Women's & Mixed), and Table Tennis. The event reflected the spirit of healthy competition, teamwork and mutual encouragement.

The presence and active participation of senior clinicians including Dr Amit Javed, Dr Mukta Kapila, Dr Anil Mandhani, Dr Salil Jain and Dr Amit Choudhary and other senior clinicians of Fortis Hospital Gurugram further strengthened the sense of camaraderie and collective engagement.

## 27 Wellness Officers Trained Under the Psychological First Aid (PFA) Initiative: Strengthening Nurse Wellbeing



We are pleased to share a significant milestone in our organisation's Psychological First Aid (PFA) - Mental Wellbeing Initiative, aimed at fostering a resilient, supported, and emotionally safe environment for all our nurses.

As a key pillar of this initiative, 27 Wellness Officers have successfully completed a structured PFA training program on March 24, 2026, in Gurugram. The training was conducted by Dr Samir Parikh, Chairperson - Fortis National Mental Health Program and Dr Kamna Chhibber - Director, Mental Health Program, Fortis Healthcare, bringing deep expertise and practical insights into psychological support within healthcare settings.

### Key Areas Covered

The program focused on equipping participants with essential knowledge and practical skills, including:

- Differentiating between stress and distress
- Understanding the stages of burnout
- Applying the Look, Listen, Link model to provide timely and appropriate support
- Identifying early signs of psychological crisis among nursing staff

### Role of Wellness Officers

The trained Wellness Officers will serve as:

- The first point of emotional support and crisis response within their units
- Facilitators for early identification of burnout and psychological distress
- Trusted and approachable support persons for their teams

Their role is central to strengthening crisis prevention efforts and promoting sustained wellbeing across teams.

### Way Forward

Post-training, Wellness Officers will further contribute by:

- Building capacity through training peer champions on PFA
- Organizing workshops and wellbeing programs to promote mental health awareness
- Supporting a culture of openness, empathy, and proactive care

By building in-house capability through dedicated Wellness Officers, we are reinforcing a system that is responsive, preventive, and rooted in empathy. We congratulate all Wellness Officers and look forward to their continued contribution in strengthening the wellbeing of our nursing community.

### We're Here to Support Your Mental Wellbeing

If you need support, or notice someone around you who may need help, please reach out. Timely support can make a meaningful difference.

Confidential assistance is available on :

**Fortis Stress Helpline available 24/7: +91-8376804102**

**Text / Chat Support: +91-8588817441 (from 9:00 am – 9:00 pm)**

## Events

### Fortis Hospital Greater Noida launches 'Sehat Express' for Doorstep Delivery of Essential Health Services

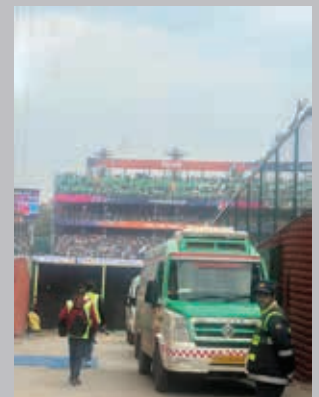


Strengthening its commitment to preventive healthcare and community outreach, Fortis Hospital Greater Noida launched 'Sehat Express' to deliver essential health services at the doorstep of residents across Greater Noida & Yamuna Expressway Societies e.g. Sectors 145, 148 and 150. The initiative was formally flagged off by Shri Ajay Kumar, IPS, DIG, Gautam Buddh Nagar, and Mr Siddharth Nigam, Facility Director.

Sehat Express offers free on-the-spot screening for metabolic syndrome, assessing key parameters such as BMI, blood pressure, and blood sugar, and categorising individuals based on risk levels. Scheduled every weekend, the initiative ensures consistent access to preventive care.

Senior consultants provide expert guidance, supported by complimentary consultations and health check-up benefits. Focused on early detection and lifestyle modification, the initiative aims to reduce the burden of non-communicable diseases and empower communities to adopt a proactive approach towards long-term health and well-being.

### Fortis Vasant Kunj Serves as Official Healthcare Partner at T20 World Cup 2026



Fortis Hospital, Vasant Kunj, served as the Official Healthcare Partner of the Delhi & District Cricket Association (DDCA) during the T20 World Cup 2026 held from February 9 to March 8, 2026. This strategic collaboration reinforced the hospital's commitment to delivering world-class medical care and emergency support to athletes, officials, and spectators throughout one of cricket's most celebrated global tournaments.

During the tournament, Fortis deployed advanced medical infrastructure, 24-hour emergency response teams, and fully equipped on-site medical caravans across match venues to ensure immediate and expert medical attention for any health contingency. The team of specialists provided a comprehensive range of services including pre-participation health screenings, injury management, emergency care, and post-match medical support, ensuring the highest standards of athlete safety and well-being.

## Dr Sonal Kumta of Fortis Mulund Leads Dialogue on 'Future of Fertility' at ETHealthworld Fertility Conclave 2026



(R) Dr Sonal Kumta receiving her token of appreciation at the ETHealthworld Fertility Conclave 2026



Dr Sonal Kumta joins ETHealthworld Fertility Conclave 2026 as a speaker

At the ETHealthworld Fertility Conclave 2026, Dr Sonal Kumta, Senior Consultant - Obstetrician and Gynaecologist, Fortis Hospital Mulund, played a key role in leading the thought-provoking panel discussion, 'Egg Meets Algorithm: The Next Frontier in Reproductive Health.' The conclave was hosted in Mumbai on March 7, 2026.

Bringing a clinician's perspective to the evolving intersection of reproductive medicine and technology, Dr Kumta highlighted how artificial intelligence and data-driven tools are beginning to support fertility specialists in improving consistency and decision-making across IVF cycles. The panel explored how algorithms can assist with embryo assessment, personalised stimulation protocols, and integrating complex patient data to guide treatment strategies. Dr Kumta emphasised that while AI has the potential to optimise outcomes and reduce variability in fertility care, clinical judgement and the human element remain indispensable. She underscored the importance of maintaining a "human-in-the-loop" approach, where technology augments, but never replaces the expertise, empathy, and contextual understanding that clinicians bring to patient care.

## Fortis Anandapur Organises INS Health Walkathon on I/V Complication Prevention



The vibrant streets of Anandapur came alive as more than 250 nurses from over 20 hospitals across the city united for a historic cause — the First-Ever I/V Nurses Walkathon in Kolkata, hosted by Fortis Hospital Anandapur in collaboration with the Bengal Chapter of the Infusion Nurses Society India. The walkathon organised to commemorate International I/V Nurses Day 2026, the four-kilometers walkathon was more than just a symbolic march — it was a powerful movement to recognise the indispensable role of infusion nurses in safeguarding patient safety. The event commenced with a symbolic balloon release, followed by the walkathon and an inspiring address by Col. Binu Sharma, CEO INS-INDIA. Healthcare professionals from various hospitals actively participated, reflecting unity in promoting safe practices and safe delivery of Infusion therapy. Ms Doli Biswas CNO - Fortis Anandapur encouraged the participants with her valuable words, mementos were presented to each participating organisation, and refreshments were served after the event.

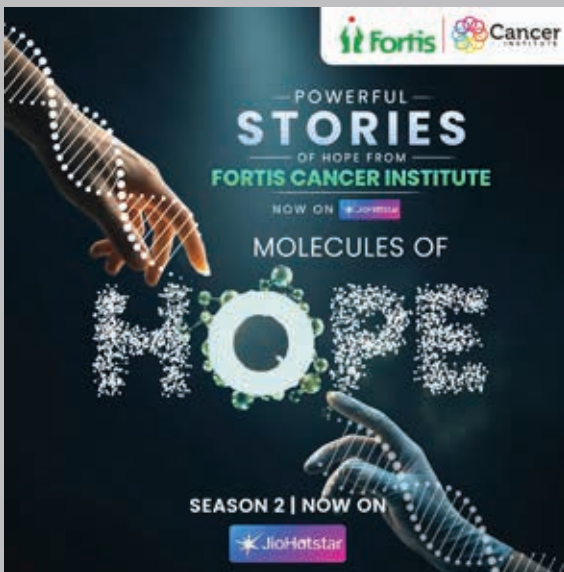
## Fortis Hospital, Vasant Kunj, Hosts Wellness Walkathon and Zumba Session



On the occasion of World Health Day, April 5, 2026, Fortis Hospital Vasant Kunj organised the 'Walk for Wellness: Swachh Bharat, Swasth Bharat' Walkathon at Vasant Vihar Club. With 80 participants, the event promoted fitness and preventive healthcare through warm-up exercises, a lively Zumba session and a spirited walk.

The event was graced by Dr Sanjeev Gulati, Chairman - Nephrology, Dr Gurinder Bedi, Principal Director & HOD - Orthopaedics & Joint Replacement, Dr Neema Sharma, Director & Unit Head - Obstetrics & Gynaecology, Dr Mugdha Tapdiya, Director - Internal Medicine, Dr Neeraj Chaudhary, Senior Director & HOD - GI, GI Oncology, Minimal Access & Bariatric Surgery, and Mr Vinay Rozal, Unit Head, Sales & Marketing.

## Fortis Cancer Institute at Fortis Hospital Mulund Features in JioHotstar's 'Molecules of Hope' S2



Poster released for Fortis Cancer Institute's feature on JioHotstar's Molecules of Hope (S2 Ep1) - Guardians in White



(R-L) Dr Priyanka Moule, Dr Vishal Beri, Dr Avanih Saklani, Dr Amol Akhade, Dr Boman Dhabar, Dr S. Narayani, Dr Vivekanand Sharma and Ms Rinku Mavani at the screening of Molecules of Hope S2, which was hosted for clinicians, patients and their family members, at the unit

Strengthening its commitment to advancing cancer care, Fortis Cancer Institute at Fortis Hospital Mulund, Mumbai, featured in Season 2 of the docuseries 'Molecules of Hope' on JioHotstar. The episode, aired on April 24, 2026, highlights its strong clinical outcomes, multidisciplinary collaboration, and patient-first approach, showcasing how its Oncosciences team is gaining global recognition. The series explores impactful stories in science and healthcare. Fortis' feature, part of a four-episode line-up, focuses on its integrated cancer care model and patient-centric pathways that are redefining treatment in India.

It follows two patients—one with stage 4 breast cancer and another with Leukemia—who successfully completed treatment and returned to their families, cancer-free. The episode features key members of the clinical team, including Dr Avanih Saklani, Dr Boman Dhabar, Dr Subhprakash Sanyal, Dr Arun Behl, Dr Rupal Chheda, and Dr Amol Akhade who play a crucial role at the Fortis Cancer Institute.

As part of this initiative, Fortis Hospital Mulund rolled out a series of engagement-led activities including community awareness programs, screening initiatives (which have already reached 1 lakh households), collaborations with general practitioners, and knowledge-sharing platforms to extend the impact of this feature beyond the screen.

## Fortis Healthcare Strengthens Government & PSU Partnerships



Fortis Healthcare hosted its Annual Government & PSU Meet on March 27, 2026, in Delhi, bringing together over 100 key representatives from leading organisations including NTPC, NHPC, IOCL, ONGC, BHEL, RITES, SBI, RVNL, AAI, HUDCO, FCI, Oil India, GAIL, NHRCL, MMTC, POWERGRID, TCIL, IFFCO, KRIBHCO, SAIL, NFL, and more. The evening focused on strengthening strategic partnerships, showcasing Fortis Healthcare's clinical excellence and pan-India footprint and advancing accessible, high-quality healthcare for PSU beneficiaries. The event witnessed the presence of Business Heads and Facility Directors, enabling meaningful dialogue and collaboration. On the occasion, Mr Anil Vinayak, Group COO, highlighted the importance of strong institutional partnerships in driving accessible healthcare. Dr Ritu Garg, Chief Growth & Innovation Officer, emphasised Fortis Healthcare's commitment to innovation-led, patient-centric care. Mr Asik Das, Domestic Sales Head – Fortis Healthcare, reinforced the focus on deepening PSU engagement across markets.

## Fortis Hospitals, Mumbai host Insurance & TPA Summit 2026



Ms Rinku Mavani, Business Partner-Sales, Fortis Hospitals Mumbai, with the regional team



Strong participation from segment partners at the Insurance & TPA Summit 2026

Fortis Hospitals, Mumbai, hosted the Insurance & TPA Summit 2026 on March 13, 2026, bringing together a distinguished gathering of over 200 insurance and TPA partners, alongside senior leadership, and leading clinicians from across the Fortis network. The event commenced with the context setting by Mr Asik Das, VP & Group Head - Sales and Collections, Fortis Healthcare, and was graced by the presence of Ms Meenakshi Gandhi, National Head - Insurance & TPA Vertical, Fortis Healthcare & Ms Rakhee Paul, DGM - Corporate Sales, Fortis Healthcare. The evening served as a strategic platform to deepen engagement, foster meaningful dialogue and reinforce the shared commitment between healthcare providers and payers towards delivering seamless and patient-centric care. The summit featured insightful addresses from senior leadership and domain experts across key areas, highlighting evolving trends, best practices, and collaborative approaches in healthcare delivery.

In addition to knowledge-sharing, the event also served as a platform to introduce newly onboarded clinicians, further strengthening Fortis' clinical ecosystem in Mumbai. The event was organised by Corporate Sales team of Mumbai, under the guidance of Ms Rinku Mavani, Business Partner - Sales, Fortis Hospitals Mumbai.

## Workshop on Gender-affirming Care for Healthcare Professionals held at Fortis Gurugram



On April 30, 2026, Fortis Hospital Gurugram organised a first-of-its-kind workshop in collaboration with ATHI to sensitise and educate healthcare professionals on gender-affirming care. The program was designed for and attended by cross functional audience, including doctors, nursing staff, administrative personnel and ancillary staff ensuring that every touchpoint of patient journey at FMRI is informed and empathetic. Firsthand experience of this journey was shared by some patients who had undergone such procedures earlier, which was an eye opener and warmly welcomed by the audience. This has been one of its kind across healthcare facilities in Delhi NCR region, with such mix participation of audience, patients and speakers.

## Fortis Bengaluru Participates as Medical Partner for TCS World 10K Run 2026; Four Joint Replacement Patients Complete the Run, Showcasing Remarkable Recovery



Fortis Hospitals in Bengaluru continued its strong association as the official medical partner for the TCS World 10K Run Bengaluru on April 26, 2026, reinforcing its commitment to preventive healthcare, wellness, runner safety, and community well-being. Bringing together all its Bengaluru units, Fortis ensured comprehensive on-ground medical support through a central medical base camp, five medical stations along the route, six fully equipped ACLS ambulances, six bike medics equipped with AEDs, and over 270 trained healthcare professionals, including spotters.

Adding a special dimension to this year's event, four patients from Fortis Hospital, Bannerghatta Road, who had previously undergone Total Knee Replacement and Total Hip Replacement surgeries performed by Dr Narayan Hulse, Principal Director – Orthopaedics & Joint Replacement Surgery, successfully completed the 10K run. Once limited by severe pain and restricted mobility, these individuals achieved a remarkable milestone in their recovery journey. Their participation stood as a testament to the advancements in orthopaedic care, structured rehabilitation, and their determination to regain an active and independent lifestyle. Their inspiring achievement served as a powerful reminder that with the right treatment, rehabilitation, and perseverance, individuals can return to the activities they love and lead healthy, active lives.

## Fortis Jaipur Hosts 2-Day 'Pulmo Criticon 2026'



Fortis Escorts Hospital Jaipur successfully hosted Pulmo Criticon 2026, the Pink City's first comprehensive conference on pulmonology and critical care, bringing together leading experts and general practitioners from across the country. The two-day conference combined high-impact scientific discussions with hands-on training to enhance clinical expertise in respiratory and critical care medicine. Discussions focused on critical topics such as the correlation between COPD and cardiovascular diseases, advancements in biologics for severe asthma, pneumonia management, and innovations in critical care including ECMO and antibiotic stewardship.

During the event, further strengthening its advanced respiratory (lung) care services, Fortis Jaipur inaugurated a state-of-the-art Advanced Pulmonary Unit. This unit will provide integrated facilities for the diagnosis and treatment of complex lung and airway-related diseases under one roof. The program was conducted under the guidance of Dr Vinod Sharma, Organizing Secretary and Consultant – Pulmonology & Critical Care, Fortis Escorts Hospital, Jaipur. The unit was inaugurated by the Chief Guest, Dr Vinod Joshi, Principal, Rajasthan University of Health Sciences. Distinguished guests present on the occasion included Dr Dhruva Chaudhry, Senior Professor and Head, Pulmonary & Critical Care Medicine, PGIMS Rohtak; Dr Nalin Joshi, Head, Pulmonology Medicine, NIMS; Dr Chand Bhandari; Dr Karan Madan, Professor, AIIMS Delhi; Dr Manoj Kumar Goyal, Principal Director & Unit Head – Pulmonology and Sleep Medicine, Fortis Memorial Research Institute, Gurugram; along with Dr R. K. Tongia, Dr Shyam Sundar Sharma, Dr Arun Agarwal, Dr Ankit Bansal and Dr Ankur Sharma. The event was also graced by the presence of Dr Manish Agarwal, Director, Fortis Escorts Hospital Jaipur.

# Photo Feature

## FORTIS CELEBRATES



## INTERNATIONAL NURSES DAY



Fortis Hospital, Anandapur



Corporate Office, Gurugram



Fortis Hospital, BG Road, Bengaluru



Fortis Hospital, Jalandhar



Fortis Hospital, La Femme, GK-2



Fortis Hospital, Ludhiana



Fortis Hospital, Noida



Fortis Hospital, Mohali



Fortis Hospital, Mulund



Fortis Escorts Heart Institute, Okhla



Fortis Hospital, CG Road, Bengaluru



Fortis Hospital, Amritsar



Fortis Hospital, Shalimar Bagh



Fortis Hospital, Vasant Kunj



Fortis Hospital, Yashwanthpur, Bengaluru



Fortis Hospital, Gurugram



Fortis Hospital, Rajajinagar, Bengaluru



Fortis Hospital, Greater Noida

# Awards & Accolades

## Fortis Rankings in Times of India's Top Multi-Speciality Hospitals



### TOP MULTI SPECIALTY HOSPITALS-NATIONAL

<b>RANK</b> 6	Fortis Memorial Research Institute, Gurugram	<b>RANK</b> 15	Fortis Hospital, Anandapur, Kolkata
<b>RANK</b> 20	Fortis Hospital, Noida		

### TOP MULTI SPECIALTY HOSPITALS-NORTH REGION

<b>RANK</b> 2	Fortis Memorial Research Institute, Gurugram	<b>RANK</b> 6	Fortis Hospital, Noida
<b>RANK</b> 10	Fortis Hospital, Shalimar Bagh	<b>RANK</b> 11	Fortis Escorts Heart Institute, Okhla
<b>RANK</b> 15	Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj	<b>RANK</b> 16	Fortis Hospital, Mohali

### TOP MULTI SPECIALTY HOSPITALS - DELHI

<b>RANK</b> 6	Fortis Hospital, Shalimar Bagh	<b>RANK</b> 7	Fortis Escorts Heart Institute, Okhla
<b>RANK</b> 9	Fortis Ft Lt Rajan Dhall Hospital, Vasant Kunj		

### TOP EMERGING HOSPITALS-DELHI NCR

<b>RANK</b> 3	Fortis Hospital, Greater Noida
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### TOP MULTI SPECIALTY HOSPITALS-FARIDABAD

<b>RANK</b> 5	Fortis Escorts Hospital, Faridabad
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### TOP MULTI SPECIALTY HOSPITALS-GURUGRAM

<b>RANK</b> 2	Fortis Memorial Research Institute, Gurugram
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### TOP EMERGING HOSPITALS-GURUGRAM

<b>RANK</b> 1	Fortis Hospital, Manesar
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### TOP MULTI SPECIALTY HOSPITALS-GHAZIABAD & NOIDA

<b>RANK</b> 2	Fortis Hospitals, Noida
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### TOP EMERGING HOSPITALS-NOIDA & GREATER NOIDA

<b>RANK</b> 2	Fortis Hospital, Greater Noida
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### TOP MULTI SPECIALTY HOSPITALS-EAST REGION

<b>RANK</b> 1	Fortis Hospital, Anandapur, Kolkata
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### TOP MULTI SPECIALTY HOSPITALS-KOLKATA

<b>RANK</b> 1	Fortis Hospital, Anandapur, Kolkata
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### TOP MULTI SPECIALTY HOSPITALS SOUTH REGION

<b>RANK</b> 10	Fortis Hospital, BG Road, Bengaluru
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### TOP MULTI SPECIALTY HOSPITALS-BENGALURU

<b>RANK</b> 3	Fortis Hospital, BG Road, Bengaluru
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### TOP MULTI SPECIALTY HOSPITALS-WEST REGION

<b>RANK</b> 14	Fortis Hospital, Mulund
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<b>RANK</b> 18	S L Raheja Mahim - A Fortis Associate
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### TOP MULTI SPECIALTY HOSPITALS-MUMBAI

<b>RANK</b> 10	Fortis Hospital, Mulund
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<b>RANK</b> 13	S L Raheja Mahim - A Fortis Associate
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## Dr Anita Mathew of Fortis Mulund Honoured at Femina Gamechangers West 2026 Awards



Dr Anita Mathew, Director-Internal Medicine, Fortis Hospital Mulund, was recognised with the 'Excellence in Internal Medicine & Clinical Distinction' award at the prestigious Femina Gamechangers West 2026 ceremony, which was held on March 23, 2026, in Mumbai. The honour was presented by acclaimed actor Shefali Shah, adding to the significance of the moment and making it a memorable highlight of the evening. This recognition underscores Dr Mathew's exceptional contributions to the field of internal medicine and her unwavering commitment to clinical excellence. She is known for her patient-centric approach and dedication to advancing healthcare standards.

## Three Fortis Doctors Recognised at ET Women's Conclave 2026



Dr Sonal Gupta



Dr Tripat Choudhary



Dr Aparna Jaswal

Dr Sonal Gupta, Principal Director & HOD – Neuro And Spine Surgery at Fortis Hospital, Shalimar Bagh; Dr Tripat Choudhary, Principal Director – Obstetrics and Gynecology, Fortis La Femme, GK-II and Dr Aparna Jaswal, Director – Electrophysiology and Cardiac Pacing, Fortis Escorts Heart Institute, Okhla, New Delhi, were felicitated for their phenomenal contribution to medical sciences, at the ET Women's Conclave 2026.

The awards were presented by Indian actress, Ms Karishma Kapoor, at a ceremony held on April 2, 2026, in Delhi NCR and attended by eminent personalities and industry leaders. The annual conclave, organised by The Economic Times, recognises distinguished professionals for their contributions across various sectors.

## Dr Gourdas Chowdhury of Fortis Gurugram Speaks on 'Threats to Indian Liver: Lessons from Longevity Research'



Dr Gourdas Chowdhury, Chairman – Gastroenterology, delivered a lecture titled 'Threats to Indian Liver: Lessons from Longevity Research' at the International Masterclass organised by the Royal College of Physicians of Ireland in collaboration with the Association of Clinicians of India on March 8, 2026, in Kolkata.

In his talk, he highlighted the growing burden of liver diseases in India and emphasised the importance of preventive strategies, early diagnosis, and lifestyle modification to improve long-term liver health.

## Dr Pradeep Jain of Fortis Shalimar Bagh Honoured for Excellence in GI Robotic Surgery



Dr Pradeep Jain, Chairman – GI, GI Oncology, Minimal Access & Bariatric Surgery, Fortis Hospital, Shalimar Bagh, was conferred with the “Excellence in GI Robotic Surgery” award at the Times Business Awards North 2026. The honour was presented by Chief Guest and actress Ms Urmila Matondkar during the ceremony held on April 29, 2026.

The recognition highlights his work in advancing robotic-assisted gastrointestinal procedures, with a focus on precision-led, minimally invasive techniques. Over the years, his clinical approach has contributed to improving surgical outcomes and patient recovery experiences. The acknowledgement reflects an ongoing commitment to integrating technology with surgical expertise in the field of gastrointestinal care across complex cases.

## Dr Manoj K Goel of Fortis Gurugram Honoured with Prestigious Khanna-Mukerji-Nath Oration Award



Dr Manoj K Goel, Principal Director - Pulmonology, Fortis Gururam, was conferred the prestigious Prof Khanna-Mukerji-Nath Oration Award. The award was given by Prof Soniya Nityanand, the Hon'ble Vice Chancellor of the King George's Medical University, Lucknow. The topic of Oration was 'My Odyssey of EBUS Pushing beyond the Limits.' In this oration, Dr Goel presented his innovative work with EBUS beyond the conventional sampling of the mediastinal lymph nodes, including the 'Bleeding Track Sign' and a novel technique, 'EBUS-E', both published, as his 2 contribution (Introduction) to Pulmonary Medicine. This prestigious award is given to an Alumnus of the King George's Medical University, Lucknow.

## Ms Maumita Saha of Fortis Hospital Anandpur Wins Award at 13th International Patient Safety Conference



Ms Maumita Saha, Quality Nurse, Fortis Hospital, Anandapur, has been honoured with an award for her pioneering work pertaining to 'Nursing Leadership in Patient Safety' at the 13th International Patient Safety Conference, held in Hyderabad on January 30-31, 2026. Ms Maumita received this prestigious accolade for her outstanding project, 'I.V. Safeguard – A Triple Shield Against I.V. Complications Reduction & Prevention.'

## Double Delight for Dr Rashi Khare of Fortis Shalimar Bagh



Dr Rashi Khare, Additional Director – Interventional Cardiology and Heart Failure Programme, was invited as National Faculty at the 18th edition of the prestigious WINCARS Annual Conference, organised by Women Cardiac Care (WCC), held in Indore, Madhya Pradesh, on March 14-15, 2026.

At this prominent national academic forum, Dr Khare played multiple key roles, serving as an Expert Discussant in a groundbreaking clinical trial session and delivering three invited speaker sessions. Her active participation highlights her in-depth clinical expertise, strong academic presence, and continued contribution to advancing cardiovascular care.

Additionally, Dr Rashi Khare was recognised for her clinical excellence and contribution to interventional cardiology. Her work on optimising Drug-Coated Balloons (DCB) in complex coronary lesions led to the centre being designated as a DCB registry site, with her appointment as Principal Investigator in 2025. She was invited as international faculty at the EDGE PCI Meeting held in Amsterdam on April 20-21, 2026, where she presented Indian data among experts from 16 countries and received the prestigious Best Challenging Case Award, reflecting the institution's commitment to innovation and high-quality patient care.

## Fortis Hospital, Vashi's First Enterostomal Therapist Achieves Top Rank



(C) Ms. Priyanka Giri (Quality Nurse) with (L) Mr. Nitin Kamaria (Facility Director) & (R) Ms. Mohini Chandrashekhar (Chief Nursing Officer)

Ms Priyanka Giri, Quality Nurse, has successfully completed the Certification Course in Enterostomal Therapy at Tata Memorial Hospital, affiliated with SNDT Women's University. She secured First Rank with Distinction, marking an exceptional academic accomplishment. Notably, she is the first Enterostomal Therapist in the private sector in Navi Mumbai, setting a new benchmark in specialised patient care.

This certification equips healthcare professionals with the expertise to assess and address the unique needs of patients with stomas. The program emphasises delivering comprehensive care across hospital, home, and community settings, ensuring holistic support for patients. The training focuses on enabling physical healing, providing emotional reassurance and promoting social independence for individuals requiring stoma and advanced wound care. This achievement strengthens our commitment to enhancing clinical capabilities and delivering patient-centered care.

## Team 'SURGI SAFE SQUAD' from Fortis Hospital Anandapur participated in CII 38th Quality Circle Convention



Team 'SURGI SAFE SQUAD' from Fortis Hospital Anandapur achieved remarkable success in the CII 38th Quality Circle Convention. The team secured the 2nd runners-up position at the state-level QC competition, where they presented a quality improvement project titled 'Cut the Risk – Zero Tolerance to Surgical Site Infection,' focusing on the prevention and reduction of SSI cases within the organisation.

They further excelled at the regional-level competition, earning the 1st runners-up position. Advancing to the national-level QC competition in Chennai, the team delivered an outstanding performance and was honoured with the title of 'Best Team in Healthcare,' receiving high appreciation from the jury for their impactful and evidence-based initiative.

## Team Nursing from Fortis Mulund Bags Three Awards at the 4th International RFCCN SAARC Conference 2026



(L-R) S.L. Raheja Hospital's Ms Angela Rai & Ms Madhura Muley, and Fortis Hospital Mulund's Ms Mansi Gharat, Ms Minimole Varghese, Ms Bincy Sunil T, Ms Nitu Yadav & Mr Mario Kolambel



Ms Madhura Muley moderating a session



Ms Minimole Varghese with Dr Charudutt Vaity (Director Critical Care, Fortis Hospital Mulund)

The Nursing Team at Fortis Hospital, Mulund, won three prestigious awards at the 4th International Regional Federation of Critical Care Nursing (RFCCN) SAARC Conference & 8th National Conference of Critical Care Nursing 2026, held on February 6–7, 2026, in Pune. Ms Andrea Vas (Pain Management Nurse) and Ms Nitu Yadav (Nurse Educator) were the winners in the 'Best Quality Improvement Project' category. Ms Mansi Gharat (CPICU In-charge) and Ms Bincy Sunil (Nurse Educator) won the Runners-up prize for 'Best Catch' and Ms Sherin Aranha (Nurse Educator) was the Runner-up in the Poster Competition.

The conference was hosted by the Critical Care Nurses Society of India, affiliated with the World Federation of Critical Care Nurses. The Nursing teams from Fortis Hospital Mulund and S. L. Raheja Hospital, Mahim played an active role as part of the Organizing Committee. Ms Minimole Varghese, Chief Nursing Officer, Fortis Mulund and President, RFCCN SAARC, moderated two key sessions, including an expert session on 'Remote Monitoring' delivered by Dr Charudutt Vaity, Director – Critical Care, Fortis Mulund. Adding to the hospital's strong representation, Nurse Educators Ms Bincy Sunil and Mr Mario Kolambel served as event hosts, with Ms Bincy also co-hosting the CCNS Mastermind segment. From S. L. Raheja Hospital, Mahim, Ms Madhura Muley, Chief Nursing Officer, moderated a session while Ms Angela Kaushik (Assistant Manager – Nursing Services) contributed as the Program Coordinator. She also presented scientific entries and posters.

# Congratulations

## New Additions to the Family



**Baby of Anjana  
Fortis Jalandhar**



**Baby of Rajesh Kumar  
Fortis C-DOC**



## Team Behind The Scene



Ajey Maharaj  
Editor in Chief



Debasish Chakraborty  
Deputy Editor



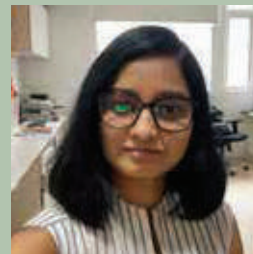
Pankaj Bakhr  
Corporate Office, Gurugram



Rishu Singh  
Corporate Office, Gurugram



Priya Bendre  
Fortis, Mumbai



Jessica Cynthia  
Fortis, Bengaluru



Priyanka Kumari  
Fortis Hospital, Noida



Shivani Chaturvedi  
Fortis Escorts, Okhla Road



Partha Sarthy Ganguly  
Fortis Anandapur, Kolkata



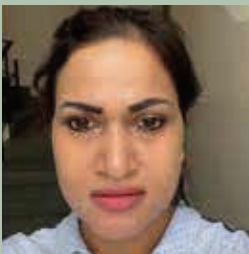
Suparna Paul  
Fortis Hospital, Gurugram



Vani Sharma  
Fortis Hospital, Gurugram



Binkesh Kumar  
Fortis Hospital, Jalandhar



Anmol Singh  
Fortis Hospital, Mohali



Kapil Sharma  
Fortis Escorts, Amritsar



Shariq Roomi  
Fortis Hospital, Shalimar Bagh



Gyan Kaur Namdhari  
Fortis Hospital, Ludhiana



Rajendra Kumar  
Fortis Hospital, Greater Noida



Koninika Dey  
FHKI, Kolkata



Ravinder Singh  
Fortis Hospital, Vasant Kunj



Brij Kishore Gupta  
Fortis Escorts Hospital, Jaipur



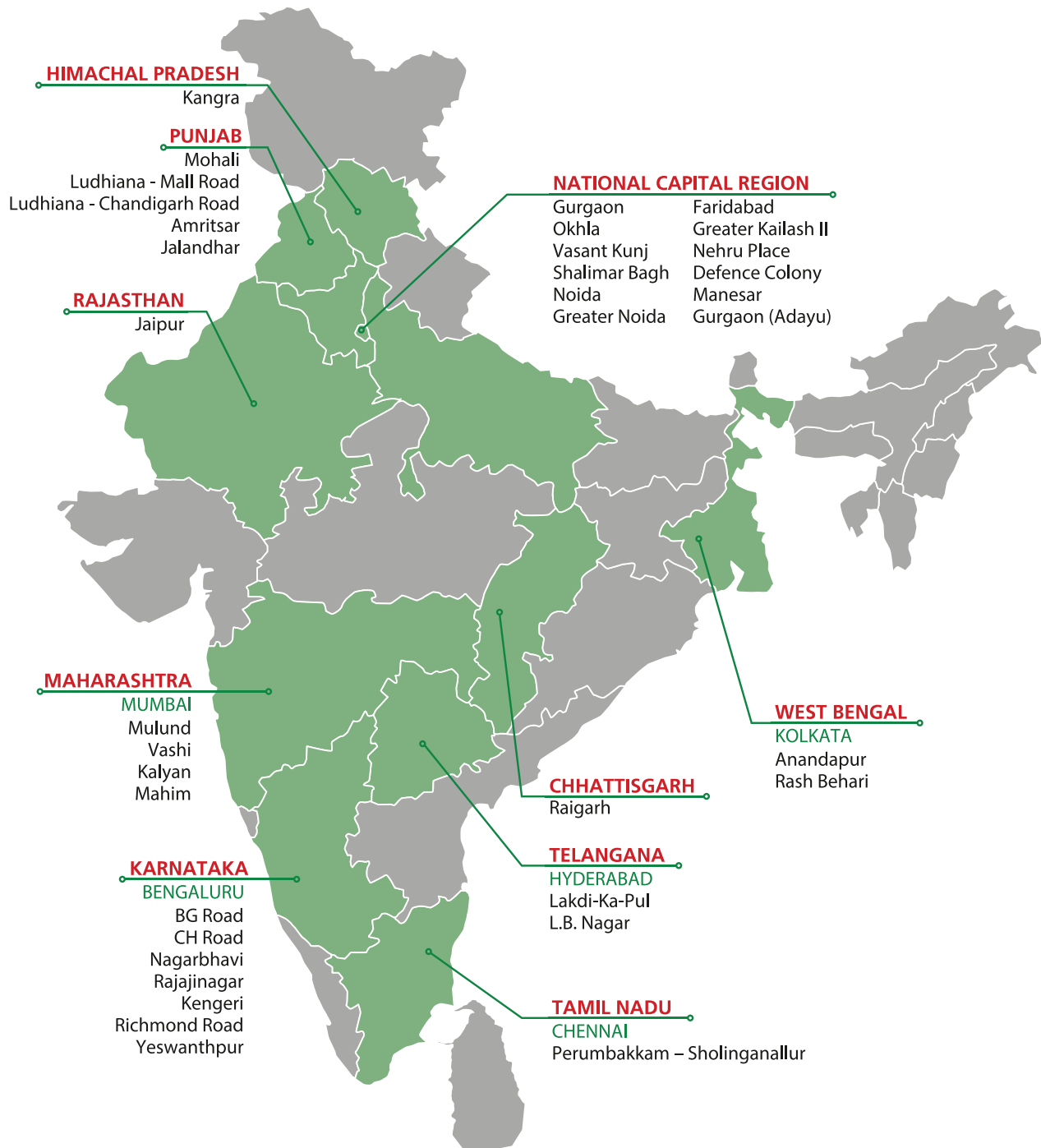
Kapil Yadav  
Fortis Hospital, Manesar



Gunjan Chopra  
Fortis Escorts Faridabad

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